

*All hands-ons may be performed on a model, guest, or doll head.*

### **The Cutting Book**

- Complete the activities in *The Cutting Book*, Chapters 1–8.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Complete one activity of your choice in *The Cutting Book*, Chapter 9.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Document the activity by taking before, during, and after pictures.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **CORE**

#### **Service Area Setup (SMA)**

- Create a windowpane or drawing or take a photo of the perfect service area setup (SMA) and drape for cutting.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### **Kit Care**

- Create a windowpane or learning map of how to properly care for your scissors, clippers, tripod, silver case, brushes, combs, etc.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **ADAPTIVE**

#### **Haircutting Objectives**

- Create a visual that shows your understanding of height, width, and depth, elevation, tension, over direction, and finger angle. Be as creative as you would like, such as a collage of pictures, Legos for distribution of weight, buildings for height, a fisherman casting a net for depth, or a target for section angle.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### **Diagrams**

- Use the appropriate views of the head shape along with the proper diagramming colors, angles, and straight lines.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Must have completed diagrams of all nine geometric shapes.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Must have completed diagrams of all men's cutting theory.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Must have completed diagrams of style and finish methods.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### **Men's Cutting**

- Clipper Over Comb — Take before, during, and after pictures of the clipper-over-comb haircut. The picture should include the proper sections, comb positions and/or finger angles, and body position.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Scissor Over Comb — Take before, during, and after pictures of the scissor-over-comb haircut. The picture should include the proper sections, comb positions and/or finger angles, and body position.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- One additional — Take before, during, and after pictures of one additional men's haircut. The picture should include the proper sections, comb positions and/or finger angles, and body position.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*The Learning Leader must sign and date each item.*

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**CREATIVE**

***Geometric Shapes***

- Square One-Length — Take before and after pictures of a square one-length haircut.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Round One-Length — Take before and after pictures of a round one-length haircut.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Triangular One-Length — Take before and after pictures of a triangular one-length haircut.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Square Graduation — Take before and after pictures of a square graduation haircut.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Round Graduation — Take before and after pictures of a round graduation haircut.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Triangular Graduation — Take before and after pictures of a triangular graduation haircut.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Square Layers — Take before and after pictures of a square layers haircut.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Round Layers — Take before and after pictures of a round layers haircut.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Triangular Layers — Take before and after pictures of a triangular layers haircut.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Select one of the nine cutting exercises and create a one-hour presentation. Work with the Cutting Specialist on your lesson plan. You will need to include a demonstration of the proper procedures involved in the haircut and the style and finish.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

***Combination Haircuts***

- Design and diagram at least three combination haircuts.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Take before, during, and after pictures for each of the combination haircuts.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Include the style and finish methods and Take Home recommendations used for each.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*The Learning Leader must sign and date each item.*